

**Tottenham Hotspur Foundation**  
*Creating Opportunities That Change Lives*



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TO DARE IS TO DO

TOTTENHAM  
HOTSPUR.COM

# MISSION STATEMENT



**Tottenham Hotspur Foundation** is committed to providing the best sports, health, training and education programmes for all our communities. Creating opportunities, encouraging enterprise and innovation, promoting social cohesion and enhancing life skills.

# WHO WE ARE



- **Tottenham Hotspur Foundation** was established as a Registered Charity in 2006 with significant investment from Tottenham Hotspur Football Club.
- We work predominately within the London Boroughs of Haringey, Waltham Forest, Enfield and Barnet and the District Council of Epping.
- We currently have 48 programmes in operation.

# OUR KEY STATISTICS



- Over £2 million of external investment brought into the borough of Haringey over the past three years
- Over one million opportunities created since 2006
- We work with 7000 people every week
- Over 450 hours of provision delivered every week
- We have over 200 partners worldwide
- 13000 inclusive sporting opportunities provided for disabled people every year

# OUR INVOLVEMENT



- Community Development
- Education
- Equality & Inclusion
- Health & Wellbeing
- Sports Development



# GUYS & GOALS



*“After the age of 35 there is a sharp decline in men’s physical activity. Many say they don’t have the time but they also blame poor health or that they simply feel ‘too old’. Unlike women, men tend not to be motivated to improve their health, to lose weight or improve their appearance”*

*Dr Ian Banks, Men’s Health Forum President*



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# BOWEL CANCER AWARENESS COMMUNITY ENGAGEMENT



*“Having suffered from bowel cancer myself, I think it’s important to pass on my advice and experiences in any way I can. Many people who may be suffering from symptoms will try and bury their heads in the sand, but I want to reassure my local community that catching it early can ultimately save lives.”*      **Community Ambassador, John Paterson**



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# iMen50+



*“For the man who believes he needs to be strong, silent and reluctant to admit weakness, uncertainty or limitations in his knowledge, the Internet has clear benefits”*  
*Jim Pollard, Hazardous Waist (2007)*



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# GAME OF TWO HALVES



*“Whether we watch or play ‘the beautiful game’, football gives us it all – the highs, the lows, the joy, the despair. The full range of our feelings and emotions can be shown in just 90 minutes of football. This is the beauty of the game.”*

*Nick Barnes BEH-  
MHT.*



# BIDS PENDING



- Health & Social Care Volunteering Fund – Health Guides
- Pfizer Foundation – Whipps X Cardiac Rehab Football
- Pfizer Foundation – iMen50+
- British Heart Foundation – Whipps X Cardiac Rehab Football
- Premier League – Community Health Check

# COMMUNITY HEALTH CHECK



*“Men do care about their health and don’t want to die young. One issue is that the health system is not working for them. Services are not very male friendly.”* **Peter Baker, CEO, Men’s Health Forum**



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# OUR PARTNERSHIP



- Working together to reduce health inequalities based on social deprivation and gender
- Health Trainers at White Hart Lane
- Health Trainer & Health Check Launch -12.9.2011
- Diabetes Risk Assessment Event – 21.10.2011
- Increasing volunteering capacity
- Guys & Goals (HAGA, Life Savers, IAPT, Health Trainers)
- Joint Bids (The Mayor's Sport Participation Fund)
- Community Health Check Bid (Premier League)



# Men's Health



“If you compare all the major killers, such as heart disease and lung cancer, men easily come out best, from the undertaker's point of view”.

**Dr Ian Banks, President, Men's Health Forum**

